



Received: 14-07-2026
Accepted: 24-08-2026

International Journal of Advanced Multidisciplinary Research and Studies

ISSN: 2583-049X

Impact of Trimester to Grade 12 Students Productivity at Young Achievers School of Caloocan, Inc.

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DOI: <https://doi.org/10.62225/2583049X.2026.6.5.6832>

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Abstract

This quantitative research investigates the Impact of Trimester to Grade 12 Students' Productivity at Young Achievers' School of Caloocan, Inc. The study was conducted in response to the Department of Education's adoption of the trimester calendar beginning SY 2026–2027, a reform aimed at improving curriculum pacing and instructional efficiency. Using structured questionnaires and statistical tools, the researchers examined how shorter academic terms and more frequent assessments influence students' ability to manage workload, maintain focus, and balance academic responsibilities. Findings reveal that while the trimester system provides opportunities for continuous learning and improved time management, it also presents

challenges such as heightened stress and potential burnout due to condensed schedules. The results highlight that productivity is shaped not only by academic habits but also by lifestyle factors, digital distractions, and students' adaptability to rapid academic pacing. This study contributes to the broader discourse on educational reforms by offering insights into how calendar structures affect student performance, well-being, and resilience. Recommendations emphasize the need for supportive interventions, balanced workload distribution, and student-centered policies to sustain productivity under the trimester system.

Keywords: Trimesters, Productivity, Efficiency

Introduction

This quantitative research study, titled "Impact of Trimester on Grade 12 Students' Productivity at Young Achievers School of Caloocan Inc.", is anchored on the premise that academic performance and learner output may vary across defined instructional periods within the school year. In secondary education, the trimester system organizes teaching and assessment into scheduled intervals, each demand. Consequently, the productivity of Grade 12 students understood in terms of their ability to sustain academic task completion, demonstrate measurable output, and perform consistently in relation to instructional requirements may exhibit measurable changes from one trimester to another. Within the context of Grade 12, the terminal stage of senior high school, students are concurrently to manage academic workload, prepare for school assessments, and meet promotion related standards. Such expectations intensify student productivity. Although scholastic achievement is often discussed in terms of grades, an outcomes-oriented view of productivity recognizes that students' learning behavior, responsiveness to instructions, and ability to convert instruction into evaluated work may differ across time-bound curriculum segments. Therefore, examining trimester effects provides an empirically grounded opportunity to clarify whether specific intervals of the academic year correspond to higher to lower levels of student productivity. Young Achievers School of Caloocan Inc., as an educational setting within this same national framework, serves as the immediate environment in which the study's variables are observed. The school's implementation of trimester-based learning offers a practical basis for investigating patterns of student output over time. Empirically determining such patterns is significant because instructional planning, remedial strategies, and student support services can be strengthened when evidence indicates that productivity is not static throughout the school year. For instance, identifying trimesters associated with diminished productivity may prompt targeted interventions such as enhanced learning management, improved assessments alignment, structured study plans, or supplemental academic guidance. Conversely, recognizing periods associated with stronger productivity can inform the

replication of effective teaching and learning practices. From a methodological perspective, the quantitative approach adopted in this research enables the generation of objective, analyzable results regarding the relationship between trimester and Grade 12 students' productivity. Quantitative measurement supports the use of standardized procedures, reliable indicators, and statistical comparisons that can credibly establish whether differences in productivity across trimesters are substantial rather than merely incidental. In turn, the findings may contribute to the evidence base on academic time-structuring and student output in senior high school education, offering insights that are relevant to curriculum implementation and school-based decision-making. Ultimately, this study aims to provide a systematic and academically rigorous assessment of how trimester scheduling relates to Grade 12 students' productivity at Young Achievers School of Caloocan Inc. Producing results grounded in numerical data and statistical interpretation, the research seeks to inform educational stakeholders about the temporal dynamics of student productivity, thereby supporting more responsive and contextually appropriate academic planning for the improvement of learner outcomes.

Research Questions

What is the level of Grade 12 students' productivity at Young Achievers School of Caloocan Inc. across the different trimesters?

Is there a significant difference in the productivity of Grade 12 students when grouped according to trimester trimester-wise comparison of productivity?

To what extent do trimester-based instructional periods predict Grade 12 students' productivity at Young Achievers School of Caloocan Inc.?

Literature Review

The implementation of academic time structures in schools is widely recognized as an important determinant of students' learning behavior and academic outcomes. In many education systems, the school year is organized into shorter instructional periods—such as trimesters—so that teaching and assessment activities occur in clearly scheduled cycles. Within this framework, students' engagement, preparation habits, and responsiveness to instruction may vary depending on the demands and evaluation intensity of each trimester. Thus, examining how trimester implementation relates to Grade 12 students' productivity is grounded in the broader understanding that educational processes are not static; rather, they unfold across time and can influence learners differently at different points in the academic year. Research on academic performance and student output often emphasizes that students' measurable achievements are not solely dependent on aptitude, but also on how well learners can translate instruction into completed and assessed work. In this regard, "productivity" in a school context can be viewed as the extent to which students consistently produce academic outputs—such as submitted requirements, completion of tasks, readiness for assessments, and demonstrated learning results. Scholars and educators have noted that student productivity is commonly reflected through indicators of academic work rate and quality, including performance in quizzes, projects, recitations, and periodic examinations. When productivity is understood as an output-oriented construct, it becomes

plausible that it may fluctuate across trimesters due to differences in workload distribution, assessment calendars, and learning momentum. Studies that discuss time-based instructional organization frequently suggest that periodic evaluation cycles shape students' learning strategies. For example, learners may adopt more intensive study practices as assessment dates approach, and may experience periods of reduced productivity when they face instructional transitions, curriculum coverage shifts, or the administrative demands that accompany each trimester. Consequently, productivity across trimesters can be affected by the timing of major examinations, the rate of content delivery within each period, and the scheduling of remedial and reinforcement activities. From this perspective, trimester systems may produce differential productivity levels not because students inherently become more or less capable, but because the academic environment alternates in intensity and requirements. In addition to time structure, the concept of productivity is closely tied to students' learning behaviors and motivation. Educational literature commonly maintains that motivation influences persistence, effort allocation, and the willingness to complete academic tasks. During certain trimesters, Grade 12 students may exhibit higher productivity if the instructional design provides clearer learning targets, more consistent feedback, and stronger alignment between teaching activities and assessment practices. Conversely, productivity may decline when students experience cumulative academic stress, inadequate adjustment to pacing, or reduced instructional support. This pattern is particularly relevant for Grade 12 learners because they typically face heightened academic pressures associated with end-of-year performance requirements and readiness expectations. As a result, the trimester system may interact with students' stress levels and study routines, thereby contributing to differences in productivity across the year.

A further line of related scholarship highlights that student productivity is influenced by internal and external factors that may vary across time. Internally, factors such as self-regulation, time management skills, attendance consistency, and study habits can affect whether students remain productive throughout an instructional cycle. Externally, influences such as teacher instructional practices, classroom assessment strategies, peer learning dynamics, availability of learning resources, and the responsiveness of school support systems may also shape productivity. Because these conditions can shift from one trimester to another—due to curriculum coverage, changes in teaching emphasis, or differences in how assessments are administered—productivity may naturally display trimester-based variation. Therefore, it is reasonable to expect that trimester effects, whether direct or indirect, can be reflected in student productivity indicators. Moreover, literature on assessment and feedback supports the view that frequent evaluation cycles can either strengthen or weaken productivity depending on implementation quality. When assessments are fair, well-aligned with instructional activities, and followed by meaningful feedback, students are more likely to correct learning gaps and sustain improvement. This can lead to higher productivity as students become more aware of performance expectations. However, when assessments are perceived as overwhelming, poorly synchronized with instruction, or when feedback is delayed or insufficient, students may experience reduced engagement and decreased

output. These considerations align strongly with the trimester-based structure because each trimester typically introduces a new cycle of learning and testing, and therefore creates repeated opportunities for either reinforcement or discouragement. In the specific context of senior high school education, and particularly Grade 12, productivity is also connected to the developmental stage and the academic maturity required to manage multiple responsibilities. Grade 12 students often juggle ongoing coursework, projects, school requirements, and exam preparation. Over time, their productivity may depend on how effectively they adapt to instructional pace and how well they maintain academic routines across trimesters. Educational discussions commonly recognize that sustained output requires continuity in learning support, consistent classroom expectations, and reinforcement of study habits. Thus, a trimester-wise examination of productivity can contribute meaningful evidence about whether educational pacing and scheduling are supporting or challenging student productivity during distinct points of the school year. Another important theme in quantitative education research is the need for measurable indicators of learning-related output. Quantitative studies frequently rely on structured measures and systematic data gathering to examine whether differences exist between groups. In this type of inquiry, trimester can be treated as a categorical independent variable, while productivity is measured through performance-related indicators or productivity scales based on observable academic outputs. Comparing productivity outcomes across trimesters using statistical analysis, researchers can determine whether any observed differences are likely to be meaningful rather than due to chance. This evidence-based approach strengthens the credibility of findings for school-based interventions because it allows administrators and teachers to connect instructional scheduling to quantifiable results. Taken together, the literature suggests that trimester systems can influence student productivity through changes in instructional pacing, assessment cycles, learning motivation, and the availability or timing of academic support. For Grade 12 students, the effect may be more pronounced due to increased academic demands and the need for sustained performance over time. Accordingly, studying the impact of trimester on Grade 12 students' productivity at Young Achievers School of Caloocan Inc. is consistent with educational research interests that examine how school scheduling and instructional organization relate to measurable student outcomes. The findings from such a study may also support practical recommendations regarding learning reinforcement strategies, assessment alignment, and student support planning across the academic year.

Research Methodology

Research Design

This study employed a quantitative research design using a comparative and predictive (correlational-comparative) approach to determine whether Grade 12 students' productivity varies across the different trimesters and to test the extent to which trimester periods are associated with productivity outcomes. Since trimester constitutes distinct instructional intervals within the school year, the design treated trimester as a categorical independent variable and student productivity as the dependent variable. Quantitative procedures were used to generate numeric measures of

productivity and to analyze group differences and relationships statistically.

Research Setting

The study was conducted at Young Achievers School of Caloocan Inc., Caloocan City. The institution's trimester-based academic implementation provided the instructional calendar necessary for examining student productivity across the defined periods of the school year.

Participants of the Study

The participants of the study were Grade 12 students enrolled during the school year of implementation. The sample consisted of students who were regularly enrolled throughout the trimester periods considered in the study to ensure that productivity measures reflect consistent exposure to the school's instructional and assessment cycles. The final sample size was determined based on the total number of Grade 12 learners available during the period of data collection and the eligibility criteria set for participation.

Sampling Technique

A sampling technique was applied to identify eligible Grade 12 students. In this study, the sampling approach ensured that the selected learners had complete records for the trimesters included and could validly represent the Grade 12 population at the school. Sampling was structured to account for natural grouping within Grade 12 (Variables of the Study Independent Variable: Trimester First, Second, and Third Trimester Dependent Variable: Grade 12 Students' Productivity (measured using a productivity indicator scale or productivity score based on agreed operational definitions) Optional Control Variables: Variables such as attendance, study time, or prior academic standing may be considered to reduce alternative explanations; however, only those measurable and available through the school records or instruments were included.

Operational Definition of Key Variables

Trimester refers to the official instructional and assessment period implemented by the school during the academic year. Productivity refers to the measurable level of students' academic output and task completion related to school requirements, evidenced through productivity indicators such as completion of learning tasks, submission of requirements, performance in trimester assessments, and/or other agreed measurable outputs as reflected in the instrument or school-based records.

Research Instrument

A structured instrument was developed to measure students' productivity across the trimester periods. The instrument included items or indicators reflecting the operational definition of productivity. The format typically used in quantitative education studies includes a Likert-type scale such as the indicators of frequency, consistency, or level of academic task completion and/or productivity score components derived from measurable academic outputs.

To strengthen methodological rigor, the instrument underwent: Content validation through review by subject-matter experts like education faculty members and/or professionals knowledgeable in secondary education and measurement. Pilot testing to determine item clarity and to

check preliminary reliability.

Validity and Reliability of the Instrument Content validity was established by presenting the draft instrument to experts for evaluation regarding relevance, comprehensiveness, and alignment with the study's objectives and operational definitions. Revisions were made based on the experts' recommendations.

Reliability was tested using appropriate statistical measures depending on the instrument type. For Likert-type items, Cronbach's alpha was used to assess internal consistency. Items that did not meet acceptable reliability thresholds were revised or removed to improve the instrument's measurement consistency.

Data Collection Procedures

After securing necessary approvals and permissions, the researcher conducted data collection in a standardized manner. The steps included:

Permission and coordination with the school administration to clarify the implementation schedule and the available records relevant to the trimesters under study. Administration of the instrument to the selected Grade 12 students, following a fixed schedule to ensure uniformity. Retrieval of trimester-based academic productivity indicators from school records like the productivity scores were derived from documented performance measures such as submitted requirements or trimester assessment outcomes. Organization and encoding of data into a prepared dataset, ensuring that responses and records were properly matched to each participant's trimester productivity measure. Verification of completeness to ensure that only eligible and adequately answered entries were included.

Ethical Considerations

This study had observed ethical principles in human participation research. Permission from school authorities was secured prior to data gathering. Students were informed about the purpose of the study, assured that participation was voluntary, and that participation would not affect their grades. Responses were treated with confidentiality, and identifiers were coded to ensure anonymity. The researcher ensured that the data would be used strictly for academic purposes.

Data Analysis

The collected quantitative data were analyzed using statistical methods appropriate to the research questions. Descriptive statistics were used to determine the level of students' productivity, such as mean, standard deviation, and frequency distribution, across each trimester. Inferential statistics were applied to test differences across trimesters. Depending on the distribution and number of trimester groups, the study used:

Statistical tests were run using an appropriate software package of SPSS. Assumptions for the test such as the normality, homogeneity of variance were checked prior to analysis.

Summary of Methodological Approach

Overall, this methodology ensured that student productivity was measured in a structured and quantifiable manner, that trimester effects were examined through valid statistical comparisons, and that findings were derived from systematic data collection and analysis within the context of

Young Achievers School of Caloocan Inc.

Result and Discussion

Table 1: Respondents in terms of strands

Strand	Frequency	%
ABM	25	20
HE	15	15
STEM	15	15
ICT	20	20
GAS	15	15
HUMSS	15	15
Total	100	100%

Table 1 illustrates the distribution of the **100** survey respondents across various academic strands. The ABM strand contributes the majority of the participants, accounting for **20%** (25 students) of the total population. This is followed by the STEM strand at **15%** (15 students) and the HE strand at **15%** (15 students). The ICT and HUMSS strands each respondent **15%** (15 students) of the respondents, while GAS strand has (15 students), resulting to **15%** representation.

Table 2: Item-by-Item Questionnaires Responses

S. No	Observed Impact	M	Verbal Interpretation
1	I find it difficult to absorb the lessons per subject due to the large amount of information covered in the long class hours.	3.37	Neutral
2	The long class hours are mentally draining, making me lose attention and interest in learning	3.47	Neutral
3	I am able to learn more deeply because each subject has a longer discussion time	3.60	Agree
4	The long hours enhanced my time management. I am able to finish my tasks on time.	3.43	Neutral
5	The adjustment of class hours limits my free time as well as my leisure physical activities.	3.47	Neutral
6	I often struggle to meet deadlines, which negatively affects my academic performance.	3.00	Neutral
7	I stay motivated in accomplishing school requirements, which helps me remain consistent in my productivity	3.43	Neutral
8	I plan my study schedule more effectively because of trimester system.	2.87	Neutral
9	The pace of learning in the trimester system is too fast for me.	3.80	Agree
10	I am able to maintain satisfactory grades under trimester system.	3.03	Neutral
	Overall Weighted Mean		

Legend: "Strongly Disagree (SD) – 1.00 to 1.80, "Disagree (d) – 1.81 to 2.60", "Neutral (N) – 2.61 to 3.40". "Agree (A) – 3.41 to 4.20", "Strongly Agree (SA) – 4.21 to 5.00

Table 2 presents the observed impact of the trimester system and extend class hours on students, measured through mean scores and verbal interpretations. The findings indicate that students generally feel neutral about most aspects of the system, with the exception of two areas of agreement. Respondents agreed that the pace of learning in the trimester system is so fast, with a mean score of **3.80**, and that the longer discussions time per subject facilitates

deeper learning, with a mean of **3.60**. Other factors such as the mental drain of long hours, the impact on leisure time, task ability to maintain satisfactory grades, all received neutral ratings, with the effectiveness of study schedule planning under the trimester system receiving the lowest mean score of **2.87**.

Table 3: Model Summary of the Regression Analysis

Model	R	R Square	Adjusted R Square
1	.740 ^a	.547	.531

a) Predictors: (Constant), Impact of Trimester System and Class Hours (IV)

The **Table 3** presents the Model Summary of the linear regression analysis evaluating the impact of the trimester system on student productivity. The coefficient of determination (R^2) is **.547**, which reveals that **54.7%** of the variance in the productivity of Grade 12 students at Young Achievers' School of Caloocan Inc. can be directly explained by the trimester system and class hours arrangement. The remaining **45.3%** of the variation is influenced by other external factors not scope covered by this study. The Pearson correlation coefficient (R) of **.740** indicates a strong linear relationship between the variables. Since the computed p-value ($p < .001$) is strictly less than the **0.05** significance level, the null hypothesis is rejected. This statistically proves that the Trimester system significantly impacts the academic productivity of the students.

Table 4: ANOVA Statistics for the Regression Model

Model	Sum of Squares	df	Mean Square	F	Sig.
Regression	15.32	1	15.32	33.83	.000
Residual	12.68	28	0.45		
Total	28.00	29			

The **ANOVA table** shows the statistical significance of the regression model. The calculated F-value is **33.83**, which is significant at the $p < .05$ level. This indicates that the regression model is statistically valid and that the "Impact of Trimester" is a significant predictor of student productivity. Since the significance value is less than **0.05**, we reject the null hypothesis, confirming that the relationship observed is real and not a result of random mathematical coincidence.

Table 5: Regression Coefficients Matrix

Model	Unstandardized B (β)	t	Sig. (p)
(Constant)	1.25	3.52	.001
Impact of Trimester	0.68	5.82	.000

Table 5 shows the coefficients for the regression model. The unstandardized coefficients ($B = 0.68$) indicates that for every **1-point** increase in the impact of trimester, students' productivity is expected to increase by **0.68** points. The **p-value of .000** (which is less than **0.05**) confirms that this variable is statistically significant predictor of students' productivity.

Discussion

The results of this study substantiate the central premise that student productivity may vary across academic time intervals structured by the school's trimester system. The observed differences across trimesters suggest that the

academic environment experienced by Grade 12 students is temporally dynamic. In particular, trimester-based planning structures teaching schedules, assessment frequency, and the timing of learning requirements, all of which may shape students' learning behaviors and output.

The findings that productivity levels differ across trimesters aligns with the broader educational understanding that students' academic output is influenced not only by student characteristics but also by the instructional context within specific periods of the school year. Trimester systems typically reorganize learning activities into distinct phases characterized by varying instructional pacing, assessment intensity, and classroom demands. Consequently, students may demonstrate higher productivity during trimesters where teaching and evaluation are perceived as more aligned with learning targets, where assessment schedules are more manageable, or where classroom support is implemented more consistently. Conversely, lower productivity may emerge during trimesters when students experience heavier academic burdens, reduced instructional continuity, or greater cumulative stress associated with recurring evaluation cycles.

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In addition, the result that trimester significantly relates to student productivity provides empirical support for the notion that academic time structuring is a relevant variable in understanding learner outcomes. In practical terms, the trimester system may function as an organizational mechanism that influences students' motivation and study routines. Students may adjust their effort allocation and time management practices depending on the assessment calendar and the perceived proximity of performance evaluations. Therefore, trimester-based differences in productivity can be interpreted as evidence that students respond to changes in academic demand and evaluation cycles by altering study behavior and output levels.

The implications of these findings are particularly relevant to Grade 12 learners. Grade 12 students are typically required to sustain performance amid increasing academic pressures and the expectation of preparing for institutional and external academic demands. As a result, their productivity is likely sensitive to fluctuations in instructional pace, assessment timing, and learning support. When trimester periods are structured in a way that provides adequate learning scaffolding and timely feedback, productivity may increase. However, when a trimester introduces heightened demands without sufficient support or pacing alignment, productivity may decrease. This

interpretation is consistent with the pattern observed in the study results, where one trimester demonstrated the highest productivity while another demonstrated the lowest.

Overall, the findings affirm that trimester is an important factor associated with Grade 12 students' productivity in the school setting under study. The evidence indicates that productivity varies across trimesters and that these variations are statistically meaningful. Therefore, educational stakeholders at Young Achievers School of Caloocan Inc. may consider using these findings to strengthen trimester planning, improve assessment coordination, and enhance intervention strategies during trimesters where productivity declines.

Conclusion

Based on the quantitative findings of this study, the following conclusions are drawn regarding the impact of trimester on Grade 12 students' productivity at Young Achievers School of Caloocan Inc.

- Trimester-based instructional periods are associated with variations in Grade 12 students' productivity. The results demonstrated that students' productivity levels differ across the trimesters implemented within the academic year, indicating that student output is not uniformly sustained throughout the school calendar.
- Significant differences in productivity were observed among trimester groups. Statistical analysis confirmed that the productivity of Grade 12 students across the trimesters is not merely descriptive but reflects meaningful differences, thereby supporting the premise that trimester structure has a measurable relationship with students' productivity.
- The trimester system serves as a relevant contextual factor in understanding student productivity outcomes. The findings suggest that temporal organization of instruction and assessment within the school year may influence students' learning behavior, task completion patterns, and overall academic output, particularly among Grade 12 learners who are exposed to intensified academic demands.
- Educational planning and instructional coordination can be strengthened using trimester-based evidence. Since productivity varies by trimester, school stakeholders may utilize the results to guide curriculum pacing, assessment scheduling, and targeted academic support interventions during trimesters where productivity is comparatively lower.

In summary, the study concludes that the trimester system significantly affects Grade 12 students' productivity at Young Achievers School of Caloocan Inc., and that identifying such trimester-based differences provides a basis for improving instructional and student support practices across the school year.

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