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Gamification in BPM Training: Enhancing Workforce Engagement and Process Adherence Across Global Teams

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Abstract

At a time marked by the digitalization and distributed workforces around the globe, Business Process Management (BPM) has been an aspect essential in maintaining operational consistency, agility and compliance within a multinational organization. Nonetheless, the measures aimed to regulate the use of BPM according to the set standards are frequently stalled by the absence of interest in training among the employees. Gamification, which is strategically integrating the component of games into non-game related tasks, has developed into a potential mode of injecting life reversal through corporate training. This paper discusses the effectiveness of gamified BPM training packages in fostering staff engagement in a multi-cultural international

team environment as well as increasing responsive compliance with protocols. The study uses a mixed research design under which the interaction between the motivation, cultural receptivity, and technology usability in gamification outcomes are addressed. Relying on concepts within Self-Determination Theory and using the cultural dimensions model presented by Hofstede, the research attempts to provide actionable models of applying gamified BPM training en masse. This work is intended to yield actionable information to BPM leaders, HR strategists, and learning architects on future proofing training via immersive, adaptive and inclusive techniques.

Keywords: BPM Training, Digitalization, Gamification

1. Introduction

1.1 Background of the Study

Business Process Management (BPM) has remained a strong foundation of effectiveness and reliability in the large and multinational companies. When the business environments expand in terms of geography, it would be tougher to have the same process adherence (Harmon, 2019). Although the frameworks such as BPMN 2.0, Lean Six Sigma, and ISO 9001:2015, which allow structuring the BPM processes, are helpful, their effectiveness depends on the level of understanding and adherence of the employees, where traditional instructional methods are insufficient (van der Aalst, 2021) [31].

At the same time, gamification has become one of the unique methods used to enhance the motivation and behavior of learners. Based on the game design theory principles and in accordance with the psychological principles, gamification is a technique that employs the game mechanics of points, badges, leaderboards, and narratives in non-game situations (Deterding *et al.*, 2011) [10]. In training in corporate settings there is also potential in the use of gamification as a tool that can create a greater depth of contact, facilitate greater knowledge acquisition, and maintain performance (Landers, 2015) [18]. Most of the literature is however, either domain-agnostic, or, in other areas such as customer engagement and education- thus leaving a research gap in application of BPM especially in global corporate contexts.

Moreover, the range of workforce also sets a complicated level to the effectiveness of gamification. Employees may have a different perception of competition, feedback, autonomy, and cooperation as their cultural values influence them the most and are the essential components of gamified systems (Hofstede Insights, 2023) [16]. This means that a blanket approach, i.e. that emerges with a one-size-fits-all model could potentially do the opposite: lead to less engagement instead of facilitating it.

1.2 Statement of the Problem

Although BPM systems are becoming widely applicable within multinational companies, the standardized process observance is proving to be an ineffective goal. This discrepancy is usually because of poor training methods that do not attract other staff attention, motivation, and cultural sensitivity of international employees. Conventional training methods have neither the interactivity nor engagement needed to drive long time behavior change, particularly in rote or technicality such as BPM.

Despite the fact that gamification has demonstrated potential as a tool to improve learning, its use in the context of training is limited to the field of BPM and to training in multinational environments where cultural differences, barriers related to the use of languages, as well as access to technology are the key factors on the subject. It is urgent to determine whether gamified training in BPM can be considered a significant way of motivating employees and encouraging them to observe processes in different environments globally.

1.3 Objectives of the Study

This research is designed to achieve the following objectives:

1. To assess the impact of gamification on employee engagement in BPM training programs.
2. To evaluate whether increased engagement through gamification translates into better adherence to BPM protocols.
3. To examine how cultural dimensions influence the reception and effectiveness of gamified BPM training.
4. To explore the moderating roles of technology usability and organizational support on training outcomes.
5. To propose an actionable framework for designing and implementing gamified BPM training across global teams.

1.4 Research Questions

This study is guided by the following primary and subsidiary research questions:

- **RQ1:** How does gamification influence employee engagement in BPM training within multinational organizations?
- **RQ2:** Does increased engagement from gamified training correlate with improved adherence to standardized BPM protocols?
- **RQ3:** How do cultural factors affect the perception and effectiveness of gamified BPM training across global teams?
- **RQ4:** What role do technology accessibility and usability play in moderating the effectiveness of gamified BPM training?
- **RQ5:** What are the best practices for implementing scalable, culturally responsive gamified BPM training programs?

1.5 Research Hypotheses

The study is based on the following testable hypotheses derived from the research questions:

- **H1:** Employees undergoing gamified BPM training will report significantly higher engagement levels than those in non-gamified programs.
- **H2:** Higher levels of engagement will positively correlate with increased adherence to BPM protocols.

- **H3:** Cultural alignment of gamification design (e.g., competitiveness, collaboration) will significantly moderate training effectiveness.
- **H4:** High technology usability will amplify the impact of gamification on engagement and adherence.
- **H5:** Organizational support (managerial reinforcement, peer collaboration) will strengthen the outcomes of gamified BPM training.

1.6 Significance of the Study

In terms of expanding knowledge in the intersection of the entire bodies of literature in business process management, gamified learning, and cross-cultural organizational behavior, the research is a worthy addition. To academics, it closes a knowledge gap in empiric research of gamification directed at distinct BPM and it provides a sensitive perception of the implication of global diversity upon the effectiveness of training. To the practitioners, BPM architects, HR managers, and L&D specialists, the findings provide evidence-based insight into how to design well-designed training solutions on the basis of gamification that is not only engaging but also culturally responsive and operationally feasible. The study would monitor longitudinal knowledge and feasible case studies, thus influencing global policy and training guidelines in the implementation of BPMs.

1.7 Scope of the Study

The paper is centered on the subset of employees who have been undergoing training on BPM and the different multinational companies, which are in different fields like finance, logistics, manufacturing and information technology. The geographic area has the dimensions of diverse cultures, i.e., includes North America, Western Europe, East Asia, and Latin America to achieve the cross-cultural validity. The study will compare the digital and mixed type of training delivery. The limitations involve time issues of observation of behavior in the long term lasting more than six months and the impossibility to take into account all organizational-related factors like the quality of the previous training and the level of BPM maturity.

1.8 Definition of Key Terms

- **Business Process Management (BPM):** A systematic approach to improving an organization's workflows to achieve more efficient results (Dumas *et al.*, 2018) ^[11].
- **Gamification:** The application of game-design elements in non-game contexts to influence behavior and engagement (Zichermann & Cunningham, 2011) ^[33].
- **Engagement:** The psychological state reflecting the extent of an employee's attention, interest, and involvement in a training activity (Schaufeli & Bakker, 2004) ^[28].
- **Process Adherence:** The degree to which employees follow defined BPM procedures and standards consistently over time (Rosemann & vom Brocke, 2015) ^[26].
- **Cultural Dimensions:** National or regional differences in values and behaviors, such as individualism vs. collectivism or power distance (Hofstede Insights, 2023) ^[16].
- **Technology Usability:** The ease of use and accessibility of digital platforms delivering gamified content (Nielsen, 1993) ^[22].

- Organizational Support: The extent to which managers and peers encourage and reinforce learning practices in the workplace (Eisenberger *et al.*, 1986) ^[12].

2. Literature Review

2.1 Preamble

With global organizations widening their operating scale, standardized Business Process Management (BPM) is becoming much significant. Nevertheless, the issues of maintaining interest, weak compliance, and cultural orientation of international workforce are long-standing problems of the localization of BPM training (Rosemann & vom Brocke, 2015 ^[26]; Harmon, 2019). Conventional training methods, which are too rigid and non-interactive, only contradict the motivation requirements of the modern workers, especially those whose generation grew up with technology (Salas *et al.*, 2012).

Gamification, which has been described as the use of elements of games in non-gaming situations (Deterding *et al.*, 2011) ^[10], has become a potential method of heightening activity, memorizing and behaviour outcomes in learning situations. Even though gamification has been widely studied in the context of both education and customer engagement (Subhash & Cudney, 2018 ^[29]; Huotari & Hamari, 2017), its targeted use in training circumstance (designing BPM gamification training method, in particular, in a global cross-cultural team setting) is relatively unexplored. This review combines both a theoretical and empirical perspective to place this study into the scope of the research in the greater context and finds certain gaps that this research is aiming at bridging.

2.2 Theoretical Review

2.2.1 Self-Determination Theory (SDT)

SDT posits that human motivation is driven by three core psychological needs: autonomy, competence, and relatedness (Deci & Ryan, 1985) ^[8]. Gamified systems can enhance intrinsic motivation by aligning with these needs—offering autonomy through player choice, competence via progress feedback, and relatedness through collaborative or competitive interaction (Sailer *et al.*, 2017) ^[27]. This framework provides a foundation for understanding how gamified BPM training could foster deeper learning engagement.

2.2.2 Flow Theory

Flow Theory (Csikszentmihalyi, 1990) ^[6] describes an optimal psychological state in which individuals are fully immersed in an activity. Gamification elements such as escalating challenges, real-time feedback, and immersive storytelling can facilitate flow experiences, potentially increasing learner focus and reducing dropout rates (Pe-Than *et al.*, 2021) ^[23]. In BPM training, achieving a flow state may be particularly relevant to complex, technical tasks such as process modeling or compliance analysis.

2.2.3 Technology Acceptance Model (TAM)

TAM (Davis, 1989) ^[7] emphasizes that perceived ease of use and usefulness drive technology adoption. Gamified platforms must not only be engaging but also intuitive and relevant to task goals. Studies show that usability influences whether gamification translates to long-term behavior change (Hamari, 2017; da Rocha Seixas *et al.*, 2016), particularly in time-constrained corporate settings.

2.2.4 Hofstede's Cultural Dimensions

Hofstede's cultural framework (1980; updated 2023) ^[16] highlights how values like individualism vs. collectivism, uncertainty avoidance, and power distance shape learning behaviors and motivation. For example, employees in high power-distance cultures may respond better to authority-led gamified systems, while those in low uncertainty avoidance cultures may thrive on exploration-based game design. Thus, cultural responsiveness is a critical success factor for global BPM gamification efforts.

2.2.5 Octalysis Framework

Developed by Yu-kai Chou (2015) ^[3], the Octalysis Framework provides a nuanced view of human motivation in gamification by integrating both extrinsic (e.g., rewards, status) and intrinsic (e.g., meaning, empowerment) drives. Its inclusion addresses previous theoretical gaps by offering design-centered principles that complement SDT and Flow Theory.

2.2.6 Synthesis and Application to BPM

Together, these theories offer a multi-dimensional lens through which to assess gamified BPM training:

- SDT and Flow explain motivational and engagement mechanisms.
- TAM addresses usability and technological adoption.
- Hofstede situates the framework in a global context.
- Octalysis provides practical guidance for design.

This theoretical synthesis forms the conceptual backbone of this study and guides the empirical exploration of how gamification influences engagement and adherence in culturally diverse BPM contexts.

2.3 Empirical Review

2.3.1 General Effectiveness of Gamification in Training

Meta-analyses by Subhash & Cudney (2018) ^[29] and Looyestyn *et al.* (2017) ^[20] reinforce this opinion by stating that gamification increases engagement, motivation, and learning outcomes in school and professional contexts. Nevertheless, such studies tend to pool the outcomes without differentiating between the application of the technology in domains such as BPM. Other more recent systematic reviews (Koivisto & Hamari, 2019; Toda *et al.*, 2022) ^[17, 30] also note inconsistencies in the effect size owing to the differences in design of gamification, demographic characteristics, and task complexity.

The over-representation of student samples and short-term studies is a major drawback that dampens generalizability to the professional BPM learners (Landers *et al.*, 2019) ^[19]. This research will set out to correct this with emphasis being given to multinational, real-life BPM teams and considering the direct and long term results in terms of behavioral change.

2.3.2 Gamification in Business Process Contexts

There are not many empirical works that particularly consider gamification in BPM. The only exception is Weibelzahl *et al.* (2021) ^[22] that analyzed gamified BPM modeling frameworks and reported a more engaged user experience and variable results when it comes to the learning retention. Likewise, Cruz-Benito *et al.* (2020) ^[5] applied gamified BPM learning units and found temporary increases of motivation but barely any future procedural compliance.

These findings imply that gamification does not necessarily

lead to a long-term process compliance since it incurs more engagement. This is what the present study is all about connecting the motivation with the measure of adherence within global teams.

2.3.3 Cultural Moderators in Gamified Learning

Research every day highlights how culture can influence the outcomes of gamification. Mekler *et al.* (2017) [21] have expressed that individualistic cultures are better motivated with use of game-like features such as leaderboards or badges. On the contrary, collectivistic societies favored collaboration aspects, and rewards to the group (Hee & Joorabchi, 2022) [15]. Along with that, a PwC (2022) [24] survey established that regional variations in digital gamification responsiveness were and remained connected to national indices of innovation and personal preferences of learning styles.

Irrespective of these findings, little research has been done to empirically evaluate cultural moderators in corporate BPM training and this depicts a very important research gap. In an extension of previous research, this study attempts to use the Hofstede dimensions to explain differences in the effect of gamification among regions.

2.3.4 Usability, Organizational Support, and Real-World Deployment

Gamified systems must be both intuitive and supported by organizational culture to succeed. A study by Rapp *et al.* (2021) [25] found that gamification alone does not drive change unless reinforced by managerial support and peer collaboration. Additionally, platform usability emerged as a critical determinant in a global study by Deloitte (2023) [9], which found that digital learning platforms with poor UX led to 42% higher dropout rates-even when gamified.

These findings justify the current study's inclusion of usability and organizational support as moderating variables.

2.4 Identified Gaps and Research Alignment

This literature review reveals several critical gaps:

1. Domain-Specific Gap: Limited research specifically examines gamification in BPM training, especially in multinational organizations. → *Addressed in RQ1 and RQ2*
2. Cultural Responsiveness Gap: While theory suggests cultural moderators, few studies empirically test gamification across multiple regions. → *Addressed in RQ3*
3. Sustainability Gap: Existing research focuses on short-term outcomes with little on process adherence over time. → *Addressed in RQ2*
4. Usability & Support Gap: Organizational and technological enablers are often overlooked in assessing training effectiveness. → *Addressed in RQ4*
5. Design Framework Gap: Few studies integrate game design principles (e.g., Octalysis) into BPM-specific gamification. → *Addressed in RQ5*

By responding to these gaps, this study seeks to advance a more nuanced, evidence-based framework for global BPM training using gamification.

3. Research Methodology

3.1 Preamble

To investigate the effectiveness of gamified BPM training in enhancing workforce engagement and process adherence across multinational teams, a mixed-methods research

approach was employed. This design allows for both the measurement of quantifiable outcomes (such as adherence rates and engagement scores) and the exploration of subjective experiences (such as motivation, usability, and cultural perceptions). The methodological choices are grounded in the theoretical foundations discussed earlier, particularly Self-Determination Theory (SDT), Flow Theory, and Hofstede's cultural dimensions.

The mixed-methods approach offers a holistic framework for understanding how gamification affects individual behavior and organizational outcomes across culturally diverse settings (Creswell & Plano Clark, 2018) [4]. This section outlines the study's design, model specification, data types and sources, procedures, and ethical considerations.

3.2 Model Specification

The conceptual model for this study is based on integrating theoretical perspectives with the empirical gaps identified in the literature. The model hypothesizes that:

- Gamification elements (e.g., points, badges, leaderboards, storytelling, feedback loops) positively influence:
 - Employee engagement (measured via motivation and task involvement).
 - Process adherence (measured via compliance with BPM protocols).
- These relationships are moderated by:
 - Cultural dimensions (e.g., individualism, power distance).
 - Platform usability.
 - Organizational support.

Hypothesized Relationships

- H1: Gamified BPM training significantly improves employee engagement.
- H2: Gamified BPM training leads to higher process adherence rates than non-gamified training.
- H3: The relationship between gamification and engagement is moderated by cultural context.
- H4: Usability of the gamified platform positively moderates the impact of gamification on both engagement and adherence.
- H5: Organizational support enhances the effectiveness of gamified BPM training interventions.

These hypotheses were translated into a structural equation model (SEM) to quantitatively analyze the relationships among constructs, supported by qualitative thematic insights from interviews and open-ended survey responses.

3.3 Types and Sources of Data

3.3.1 Quantitative Data

- Surveys: Pre- and post-training questionnaires were distributed to employees from 12 multinational organizations in the finance, logistics, and manufacturing sectors. These firms had recently implemented or piloted gamified BPM training modules.
- System Usage Logs: Data from the gamified platforms were collected to assess training duration, frequency, and adherence to BPM steps.
- Engagement Metrics: Self-reported Likert-scale responses on perceived motivation, enjoyment, relevance, and task immersion.

3.3.2 Qualitative Data

- Semi-structured Interviews: Conducted with 30

participants across six cultural clusters (North America, East Asia, Sub-Saharan Africa, Western Europe, Middle East, and Latin America). Participants were selected using stratified purposive sampling to ensure cultural and organizational diversity.

- Open-ended Survey Questions: These explored perceived challenges, usability issues, and motivational factors.
- HR & L&D Reports: Internal reports from HR and Learning & Development (L&D) departments offered organizational perspectives on behavior change and training ROI.

3.4 Methodology

3.4.1 Research Design

A sequential explanatory design was used:

1. Phase 1 – Quantitative Analysis:
 - Participants were randomly assigned to a control group (traditional BPM training) or treatment group (gamified BPM training).
 - A pre-test/post-test control group design was adopted to assess changes in engagement and adherence.
 - SEM was used to test hypothesized relationships using SmartPLS 4.0.
 - Moderation effects were analyzed via interaction terms and multi-group analysis (MGA).
2. Phase 2 – Qualitative Analysis:
 - Thematic analysis (Braun & Clarke, 2006) ^[1] was applied to interview transcripts and open-text responses to contextualize the quantitative findings.
 - NVivo 14 was used to code data and identify themes relating to cultural differences, motivational responses, and organizational enablers.

3.4.2 Sampling and Participants

- Sample Size: 426 employees (218 in gamified group, 208 in control).
- Inclusion Criteria:
 - Must have completed a BPM training module within the last 6 months.
 - At least 1 year of employment with the organization.
- Sampling Technique:
 - Quantitative: Stratified random sampling across departments and geographies.
 - Qualitative: Purposive sampling for diversity in roles and cultural backgrounds.

3.4.3 Variables and Instruments

Variable	Measurement Instrument
Gamification Intensity	Gamification Usage Index (based on platform logs and content richness)
Employee Engagement	Utrecht Work Engagement Scale (UWES-9) adapted for training context
Process Adherence	BPM Compliance Score (task logs + manager evaluation)
Cultural Dimensions	Hofstede's Country Scores + adapted survey items
Usability	System Usability Scale (SUS)
Organizational Support	Perceived Organizational Support Scale (Eisenberger <i>et al.</i> , 1986) ^[12]

Reliability and validity were assessed through Cronbach's alpha, composite reliability (CR), and average variance extracted (AVE) measures.

3.5 Ethical Considerations

The study adhered to international ethical research standards and obtained Institutional Review Board (IRB) approval from the lead researcher's affiliated university.

Key ethical measures included:

- Informed Consent: All participants signed digital consent forms outlining the study's purpose, procedures, and their rights.
- Confidentiality: Data were anonymized; identifiers were removed before analysis. Interviews were stored in encrypted folders.
- Voluntary Participation: Respondents could withdraw at any time without penalty.
- Data Protection: GDPR-compliant data handling practices were used for all EU participants; other regions followed applicable data privacy laws (e.g., CCPA in the U.S.).
- Cultural Sensitivity: Interview protocols and survey items were translated and culturally adapted using back-translation methods (Brislin, 1986) ^[2] to reduce bias.

4. Data Analysis and Presentation

4.1 Preamble

This section presents the analysis and interpretation of data collected to evaluate the impact of gamified BPM training on employee engagement and process adherence across global teams. Data from a total of 426 respondents (218 gamified, 208 control) were analyzed. The mixed-methods design called for both descriptive and inferential statistics to test the hypotheses outlined earlier. The quantitative data were processed using SPSS and SmartPLS, while charts and summary statistics were used to visualize key patterns.

4.2 Presentation and Analysis of Data

Data underwent cleaning to eliminate outliers and ensure that all variables fell within plausible ranges:

- Engagement scores were constrained to a scale of 1–5.
- Process adherence was standardized to 0–100%.
- Missing values (<2% of entries) were imputed using group means.

The cleaned dataset yielded the following summary:

Group	Mean Engagement	SD	Mean Adherence (%)	SD
Gamified	4.06	0.42	86.50	4.98
Control	3.24	0.58	72.08	6.82

Key Observations:

- Gamified training groups reported significantly higher engagement scores.
- Process adherence rates were also markedly higher in the gamified group.

4.3 Trend Analysis

The histogram distributions clearly illustrate higher clustering of engagement and adherence scores around the upper spectrum for the gamified group. This visual pattern corroborates quantitative differences:

- Engagement: The gamified group's scores were tightly clustered between 3.8 and 4.5, suggesting high motivational consistency.
- Adherence: Most gamified participants maintained >85% adherence, with far fewer low-end deviations compared to the control group.

4.4 Test of Hypotheses

Hypotheses were evaluated using independent sample t-tests and Structural Equation Modeling (SEM).

Hypothesis Testing Outcomes:

Hypothesis	Statement	p-value	Result
H1	Gamified BPM training significantly improves employee engagement.	< 0.001	Supported
H2	Gamified BPM training leads to higher process adherence than traditional training.	< 0.001	Supported
H3	Cultural context moderates the engagement effect of gamified training.	0.032	Supported
H4	Usability of the platform positively moderates gamification outcomes.	0.041	Supported
H5	Organizational support strengthens gamification's effect on adherence.	0.016	Supported

Significance Level: $\alpha = 0.05$

Model Fit Metrics (SEM):

- CFI = 0.94
- RMSEA = 0.052
- SRMR = 0.049
- R^2 for engagement = 0.61
- R^2 for adherence = 0.67

4.5 Discussion of Findings

Interpretation of Results

The data strongly support the hypothesis that gamified BPM training enhances both cognitive engagement and procedural compliance across global teams.

- Employees trained through gamification reported feeling more motivated, valued, and challenged.
- High adherence suggests that gamification aids retention and application of BPM principles, likely due to feedback loops and real-time performance tracking.

These findings align with Deci & Ryan's (1985) [8] Self-Determination Theory, confirming that intrinsic motivators embedded in gamified systems—such as autonomy, competence, and relatedness—boost task engagement.

4.5.1 Comparison with Existing Literature

The study corroborates findings from:

- Hamari *et al.* (2019) who found that gamified enterprise platforms improved workflow adherence.
- Koivisto & Hamari (2014) who noted that leaderboards and progress tracking enhanced behavioral compliance.

However, our work extends the literature by examining:

- Cross-cultural moderating effects (often neglected in prior research).
- The combined influence of usability and organizational support—two variables found to substantially influence BPM adherence.

4.5.2 Practical Implications

1. **Training Design:** Organizations can use gamification to structure BPM training modules in a way that promotes real-time feedback, peer collaboration, and reward systems.
2. **Policy Implementation:** Firms can enhance standardization and quality assurance globally by embedding gamification in compliance workflows.
3. **Cultural Adaptation:** Customizing gamification elements for regional teams (e.g., collectivist vs. individualist) could further amplify effectiveness.

4.6 Limitations of the Study

Despite the robust findings, the study is not without limitations:

- **Self-report Bias:** Engagement was partly measured through self-assessment which may introduce bias.
- **Short-Term Data:** The study focused on immediate post-training results without longitudinal tracking.
- **Sample Representativeness:** Though diverse, the sample may not capture all industry-specific dynamics (e.g., healthcare or defense sectors were excluded).

4.7 Areas for Future Research

- **Longitudinal Studies:** Track behavior change over time to assess long-term efficacy of gamified BPM training.
- **A/B Testing of Game Elements:** Determine which specific gamification components (e.g., leaderboards vs. storytelling) drive the greatest impact.
- **Neurocognitive Measurement:** Employ biometric tools or EEG-based feedback to examine how gamification influences cognitive load and learning retention.
- **Cross-sector Replication:** Expand the research into underrepresented industries and public sector environments.

5. Conclusion and Recommendations

5.1 Summary

This study set out to evaluate the effectiveness of gamified Business Process Management (BPM) training in enhancing workforce engagement and adherence to standardized BPM protocols, particularly across culturally diverse, multinational teams. Through a mixed-methods approach, including survey data, statistical testing, and structural modeling, the research provides compelling evidence that gamification significantly improves both employee motivation and compliance with BPM standards.

Key findings from the analysis include:

- **Gamified training groups** reported notably higher levels of cognitive engagement and process adherence than their non-gamified counterparts.
- **Cultural factors** significantly moderated how different teams engaged with the gamified BPM training, confirming the necessity for cultural customization.
- **Perceived system usability** and **organizational support** played substantial moderating roles, influencing the strength of gamification outcomes.
- All five research hypotheses were statistically supported, validating the conceptual model based on SDT, Flow Theory, TAM, and Hofstede's cultural dimensions.

5.2 Conclusion

Reiteration of Research Questions and Hypotheses

This study aimed to answer the following key research questions:

1. Does gamified BPM training improve employee engagement compared to traditional BPM training methods?
2. To what extent does gamified training affect adherence to standardized BPM protocols?
3. What role does cultural context play in moderating the effectiveness of gamified BPM training?
4. How do usability perceptions of the gamified platform influence employee motivation and adherence?

5. How does organizational support impact the success of gamification in BPM training programs?

Correspondingly, the following hypotheses were tested and supported:

1. **H1:** Gamified BPM training significantly improves employee engagement.
2. **H2:** Gamified BPM training leads to higher process adherence than traditional training.
3. **H3:** Cultural context moderates the engagement effect of gamified training.
4. **H4:** Usability of the platform positively moderates gamification outcomes.
5. **H5:** Organizational support strengthens gamification's effect on adherence.

Contributions to the Field

This study makes several significant contributions:

1. **Theoretical Advancement:** By integrating theories of motivation (SDT), cognitive engagement (Flow Theory), usability (TAM), and cross-cultural interaction (Hofstede), it offers a multidimensional framework for analyzing gamified BPM training.
2. **Empirical Insights:** It provides real-world evidence supporting the efficacy of gamification in professional training, filling the gap left by predominantly academic or educational-focused gamification studies.
3. **Practical Implications:** The research offers a scalable, evidence-based model that multinational companies can adapt to improve BPM outcomes while accommodating cultural and usability concerns.
4. **Policy Guidance:** The findings offer recommendations for organizations and training designers on aligning gamified training with strategic goals, workforce diversity, and technology infrastructure.

5.3 Recommendations

In light of the findings, the following actionable recommendations are proposed:

1. **Adopt Gamified BPM Training at Scale:** Multinational organizations should consider integrating gamification elements—such as real-time feedback, progression tracking, storytelling, and competition—into BPM training platforms.
2. **Cultural Localization:** Training modules should be tailored based on regional cultural profiles to enhance relatability and user engagement. For example, collectivist cultures may respond better to collaborative challenges than individual leaderboards.
3. **Invest in Platform Usability:** Organizations must ensure that their gamified systems are intuitive, accessible, and frictionless, as usability strongly influences both engagement and adherence outcomes.
4. **Foster Organizational Support:** Leaders should actively endorse gamified training programs, linking them to KPIs and recognition systems to reinforce their legitimacy and importance.
5. **Monitor and Evaluate Impact:** Implement regular assessments to monitor changes in adherence behavior, motivation, and process efficiency post-training, adjusting gamification mechanics as needed.

This paper confirms that gamification is far more than a buzzword and it is a powerful evidence-based approach that could be used to change the outcomes of BPM training in worldwide organizations. Gamified training has the potential

to become an anchor of successful BPM transformation in the era of digital revolution through fostering higher levels of engagement, a higher level of standardization compliance, and learning retention across cultural boundaries. Nevertheless, the potential is manifested to the fullest only in case organizations do not view gamification as an isolated intervention but rather cast it as a strategically aligned, culturally aware and technologically supported framework to learning. The latter should be further optimized through future research relating to the long-term behavior change, customization industry-wise, and incorporating technology.

In a more digitized, global and fluctuating job market, it is not only advantageous to invest in engaging, flexible and inclusive BPM training solutions, but it becomes a necessity.

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