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### Benefits and Difficulties of Online Learning for Learners

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#### Abstract

Technological innovations and advances in science and technology gradually create new advances in all aspects of social life, and online learning is a remarkable improvement in the field of education. The outbreak of Covid-19 caused many difficulties for learners and lecturers. However, the application of online learning solutions has brought many

benefits, while solving many immediate difficulties that the education industry has encountered over the past time. The article focuses on analyzing the benefits and difficulties of online learning for learners, thereby drawing out some solutions to improve online learning results for learners.

**Keywords:** Online Learning, Difficulties, Benefits

#### 1. The benefits of online learning for learners

Teaching and learning online on smart devices and the Internet bring many conveniences to learners and lecturers. Some benefits of online learning include:

*Firstly, it brings convenience in studying:* The biggest advantage of online classes is convenience. Learners can access learning content anytime, anywhere as long as they have an internet connection, helping them better manage their study time. Learners do not need to travel long distances, just equip a laptop, smartphone, or iPad with a stable Internet connection, and they can easily participate in any class and connect with everyone and participate in learning with more flexible time right at home. During the learning process, learners can easily look up reference materials. When studying online, learners can easily receive notifications, access notes, review exercises, take practice quizzes, discuss questions, chat, exchange with other learners, and study anywhere, anytime on modern software technology platforms, such as Zoom Cloud Meetings...

*Secondly, online learning offers flexibility in time:* Learners can study online anytime they want, can study with anyone, have flexibility in choosing schedules, and learning space to help learners be more proactive in building discipline. Extremely convenient. It is beneficial to allow learners to flexibly balance their time to do other personal things. In addition, thanks to the flexibility in time, learners can also register for other online courses to develop and upgrade themselves.

*Thirdly, Diversity in documents and resources:* Online learning provides access to many resources, courses, and instructors from around the world, opening up a new world of knowledge. Technology allows learners to interact and collaborate with each other through forums, learning games, or other online learning platforms, creating a rich and diverse learning environment. Lecturers and learners can interact with each other on the computer, making it convenient for searching documents, illustrations, and discussions immediately. During the learning process, lecturers and learners can easily search for documents. Expanded data on the Internet, no longer dependent on textbooks.

*Next, create opportunities to learn new skills:* When studying online, learners also get acquainted with working and collaborating through communication software, often used for future work: e-mail, Zoom Meetings, Zalo... This gives learners a certain advantage over someone who does not have these skills. Learning to research and filter information on your own through the Internet will open up a world of possibilities for your personal and professional life. Learners can find jobs online, apply for college online, meet people from all over the world online, follow sports and movies online, etc.

*Subsequently, online learning builds independence and self-discipline for students:* Learners can access more information technology, science, and technology faster, cultivate soft skills more easily when studying directly, and learn more proactively. When studying online, there will not be a lecturer right next to you to remind students to pay attention to their studies. No one is there to prompt learners to ask questions or provide answers. Motivation for effective learning comes from the learners themselves. Learners who study online must take responsibility for their own learning process and thereby develop themselves.

*Moreover, save costs:* Online learning is often less expensive than traditional learning, so it helps learners and teachers not need to travel to class, saving on accommodation and transportation costs. In addition, those who study far from home can also take classes right at home without needing to rent a room near the school, saving money on rent, food, electricity, and water, etc. Teachers will also save money on expenses. Fees such as renting a study location, printing, transportation, etc. Thanks to online learning, learners can take notes, search for lesson materials more simply and quickly, learners can comfortably discuss in groups or chat groups... The lesson is more effective. Learners who are slow to absorb knowledge can easily re-listen to the lecture: Each learner has a different learning speed, so some learners will not be able to clearly grasp the lesson if taught like a classroom. Traditional. The benefit of online learning is that it allows learners to record screens and back up documents, which can be used to review whenever learners cannot keep up with the lesson or need to review, helping to improve each person's level of absorption of the lecture. In general, online learning is a new learning method, requiring learners to be proactive and flexible to achieve the best results.

## 2. Difficulties of online learning

Besides the advantages, online learning still has certain limitations and disadvantages:

*Firstly, lack of direct interaction:* Online learning can reduce the level of interaction between teachers and students as well as among students, diminishing the learning experience. When studying face-to-face, learners have many opportunities to interact with each other during class and have fun and interact with each other during breaks. When studying online, social interaction is significantly reduced and there are no more fun breaks with fellow students. A lack of social interaction, especially with fellow learners, can lead to feelings of loneliness, lack of motivation and isolation, a feeling of emptiness when not meeting fellow learners over time and gradually lacking skills. Society. A prolonged lack of social interactions will cause learners to have difficulty interacting and connecting later.

*Secondly, technical issues:* Learners may encounter technical problems such as loss of internet connection or problems with online learning software, which can disrupt the learning process. When using learning tools (it can be a computer or even a phone with an internet connection), the problem of network connection and unstable connection is a difficulty for most learners. This leads to constant entering and leaving the classroom during class time, all taking place in every classroom, affecting learners' absorption of knowledge during lessons. Not only do learners have unstable network connections, but in fact, lecturers also encounter problems. This problem makes the lesson less effective and the quality of the lesson is not as expected by the instructor.

*Thirdly, high self-management requirements:* Online learning requires learners to be able to manage their time and motivate themselves to maintain continuous learning, which is not always easy for everyone. To participate in online classes effectively, learners need to have a certain level of technology proficiency and appropriate learning methods to participate in classes and interact in cyberspace. For those learners who attend class fully, on time, listen to lectures and take notes, they can partly grasp the knowledge

of the subject, but on the contrary, the remaining learners will not have enough knowledge, leading to exam failure. Difficulty.

*In addition, learners have difficulty concentrating:* When studying online, because you often look at the screen for long periods of time, you are easily distracted by social networks: Many learners turn off their cameras to do their own work, or even when they open it, they open it in a hostile way. Or there are students who use the excuse of a broken camera or broken mic to avoid answering the lesson, and if attendance is taken, they take attendance through chat, or the phenomenon of learners turning off their cameras and surfing social networks during class is still very common. Popular. There are even students who work alone and forget to turn off the mic, causing noise that affects the class as well as the quality of the lesson.

*More over, lack of supervision and encouragement from teachers:* In an online learning environment, students may feel a lack of support and encouragement from teachers compared to traditional learning, especially when encountering difficulties during the learning process. Online learning makes it more difficult for lecturers to control learners. Teachers cannot clearly understand the quality of class learning. Due to the situation of turning off the camera, many times lecturers do not know the learners' faces clearly, this is the case. This is the reason why the habit of asking others to study for you still often continues.

## 3. Solutions to improve online learning results for learners

To improve students' online learning results, the following solutions need to be implemented:

*Firstly, providing support and guidance:* Teachers and schools can provide close support and guidance to students through online counseling sessions, Q&A forums, or via email to help students solve learning problems.

*Secondly, creating a positive learning environment:* Encourage interaction and collaboration among students through online study groups, discussion forums, or other group activities to create a positive and motivating learning environment.

*Thirdly, using technology and learning platforms effectively:* Select and use effective online learning technologies and platforms such as learning management systems (LMS), interactive learning software, and online communication tools to optimize the learning experience student practice.

*In addition, developing self-management skills:* Teachers and schools can provide training courses or instructional materials to develop self-management skills, self-regulation of learning, and stress handling to help students be more confident and effective in their studies. Online learning.

*A part from, Periodic feedback and evaluation:* Provide periodic feedback and assessment of students' learning progress, thereby helping them identify and correct weaknesses, as well as evaluate the effectiveness of the learning methods they are using.

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