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## Molecular Characterization of Mycotoxin Producing Moulds and Mycotoxins Determination from Stored Grains and Legumes

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### Abstract

Cereals and legume are among the staple food sources for people living in developing countries. 160 samples of the stored rice, maize, wheat and groundnuts were randomly collected from 3 different markets. They were stored for a period of 4 months in different packaging materials and analysed for the presence of mycotoxigenic moulds and mycotoxins production. Standard microbiological and molecular methods were used in the isolation and identification of moulds. A multimycotoxin method based on Liquid Chromatography tandem mass spectrometry was applied to investigate both the qualitative and quantitative occurrence of mycotoxins. Mycotoxigenic moulds species identified using 18S rRNA sequences as well as their percentage occurrence were *Aspergillus flavus* (46%) followed by *Aspergillus tamaris* (23%), *Aspergillus niger* (18%), and *Penicillium chrysogenum* (9%) while the least was *Aspergillus brunneoviolaceus* (4%). The mycotoxins detected were Aflatoxin B<sub>1</sub>, Aflatoxin B<sub>2</sub>, Aflatoxin G<sub>1</sub>,

Aflatoxin G<sub>2</sub>, Ochratoxin A, Citrinin, Dihydrocitrinone, Fumonisin B<sub>1</sub>, Fumonisin B<sub>2</sub>, Fumonisin B<sub>3</sub>, Fumonisin B<sub>4</sub>, Zearalenone, Deoxynivalenol and Nivalenol. The largest concentration of mycotoxins detected from stored grains and legumes were fumonisin ( $1350 \pm 10.000 \mu\text{g/kg}$ ), followed by aflatoxins ( $1265.3 \pm 1.327 \mu\text{g/kg}$ ), then Citrinin (Dihydrocitrinone) ( $709.8 \pm 1.039 \mu\text{g/kg}$ ), Trichothecenes: (Nivalenone Deoxynivalenone) ( $642.2 \pm 1.900 \mu\text{g/kg}$ ), Ochratoxin A ( $371.8 \pm 1.616 \mu\text{g/kg}$ ), and the least being Zearalenone ( $358.5 \pm 2.500 \mu\text{g/kg}$ ). Rice ( $1286.3 \pm 29.689 \mu\text{g/kg}$ ) contained the largest amount of the various mycotoxins, followed by wheat ( $1166.8 \pm 0.901 \mu\text{g/kg}$ ), and then groundnuts ( $1142.9 \pm 10.488 \mu\text{g/kg}$ ) while maize ( $1111.6 \pm 9.810 \mu\text{g/kg}$ ) had the least quantity of mycotoxins. The stored grains and legumes were mainly contaminated with *Aspergillus* species and contained different mycotoxins of public health importance. The need for proper harvest and storage of grains and legumes cannot be overemphasized.

**Keywords:** *Aspergillus* Spp., Liquid Chromatograph Tandem Mass Spectrometry, Mycotoxins, Stored Grains and Legumes

### Introduction

In developing countries, Rice (*Oryza sativa*) Maize (*Zea mays*) Wheat (*Triticum aestivum*) and Groundnut (*Arachis hypogaea*) are essential food crops. They are good sources of nourishment for the body [1]. Mycotoxigenic moulds are usually of the genera *Aspergillus*, *Penicillium* and *Fusarium* [2]. The negative effects caused by stored moulds include damage to grains, change in the organoleptic quality of grains, deficiency in nutrient, difficulty in germination, mycotoxins development [3]. Mycotoxins are known as toxic secondary metabolites, which are mainly produced by moulds that usually invade foods before and after harvest and also during storage. There are about four hundred mycotoxins that have been recognized in the world. Mycotoxins that have public significance include the aflatoxins, fumonisins, zearalenone, ochratoxins, trichothecenes (mainly deoxynivalenol and T-2), patulin and citrinin [4]. The continuous contamination and exposure to mycotoxins in foods on a regular basis usually leads to a wide range of health complications. Aflatoxins B<sub>1</sub> and Fumonisin have been established to cause hepatocarcinoma, oesophageal cancer and deaths in humans [4]. Drying quickly and evenly remains the best way of preventing mycotoxigenic moulds that produce mycotoxins [5].

### Materials and Methods

#### Sample Collection and Preparation

A total of one hundred and sixty (160) Whole grains /fine powder of rice, maize, wheat and groundnut randomly obtained from the 3 markets were stored in four different storage materials (sack, polyethene, plastic containers and metal containers) for four months at ambient temperature in a dry environment. Thirty grams (30 g) each of the stored samples were labeled and transported immediately to laboratory and kept in cool place prior to mycological analysis [6].

### Isolation of Fungi

Three mycological media (Malt Extract Agar, Potato Dextrose Agar and Sabouraud Dextrose Agar) were prepared according to standard methods. An antibacterial agent (50 mg/l, chloramphenicol) and 0.1ml of lactic acid were incorporated to inhibit the bacterial and yeasts growth respectively [7]. Standard dilution and streaking technique method was adopted. The samples were serially diluted up to dilution factor of 10<sup>-3</sup> and 10<sup>-5</sup>. One-tenth milliliter (0.1ml) of suspension was inoculated onto the freshly prepared surface dried media and incubated at 25 ± 2°C for 7 days for mould growth. Moulds grown on media were subculture on various media for further characterization and identification [8].

### Morphological and Microscopic Identification

The isolated moulds were identified based on colonial morphology and microscopic examination. The moulds were mounted on a clean grease slide, flooded with lactophenol-cotton blue stain to determine mould structures. Microscopically, moulds were identified on the basis of spore characteristics, pigmentation and septation [9].

### Molecular Characterization of Moulds

The DNA of mould isolates were extracted using deoxyribonucleic acid extraction kit protocol. The extracted DNA was amplified using polymerase chain reaction (PCR) amplification protocol described by [10].

### Sequencing Protocol

PCR products were cleaned using Exosap Protocol, sequenced using the Nimagen Brilliant dye Terminator cycle sequencing kit [10]. The sequenced data were subjected to Basic Local Alignment Search Tool Nucleotide (BLASTn) to identify corresponding organisms from National center for bioinformatics information (NCBI) as described by [11].

### Phylogenetic Tree Analysis

The obtained nucleotide sequence was analyzed using software, the geneious software version 4.0 [12].

### Liquid Chromatography Tandem Mass Spectrometry

A multimycotoxin method based on Liquid Chromatography Tandem Mass Spectrometry was applied to investigate the occurrence of different mycotoxins.

Samples of rice, maize, wheat and groundnut were analyzed. Samples were homogenized and kept in slant glass bottle and stored at 2-8°C for further analysis (qualitative and quantitative analysis of mycotoxins).

### Sample Preparation and LC-MS/MS Determination

To 5 g of each sample, 20 ml of extraction solvent

(acetonitrile/water/acetic acid 79:20:1, v/v/v) were added together. Extraction, dilution, and analysis, detection and quantification were performed as described by [13].

### Results and Discussions

The various moulds that were isolated from the stored grains and legumes were characterized morphologically and microscopically. They were further identified by sequencing of 18S rRNA gene using ITS1 and ITS4 primers. All samples were contaminated with different moulds. Table 1 shows the species of moulds, *Aspergillus* species and *Penicillium* spp. isolated from the stored grains and legumes.

**Table 1:** Cultural and microscopic characteristic of identified isolates

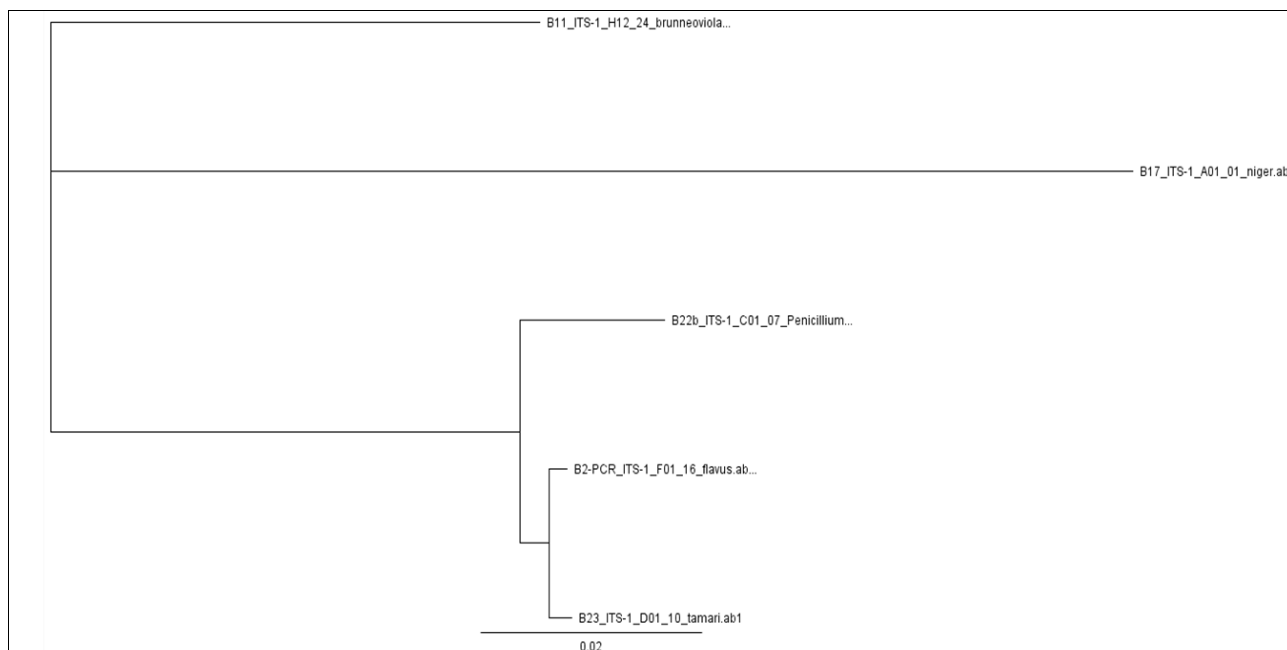
Cultural	Microscopic	Probable organism
Colonies are greenish in colour	Hyphae are septate and hyaline.	<i>Aspergillus</i> spp.
Rusty brown or dark brown	Conidia head with long chain of conidia,	<i>Aspergillus</i> spp.
Black in colour	Septated hyphae, long smooth and colourless	<i>Aspergillus</i> spp.
Brown to dark brown	Hyaline or pigmented longer stipes	<i>Aspergillus</i> spp.
Blue green with a yellowish pigment	Septate hyphae branched	<i>Penicillium</i> spp.

### Molecular Identification of Isolated Moulds

Five moulds were identified by the Genomic DNA extraction, amplification and sequencing. The sequenced data were subjected to Basic Local Alignment Search Tool Nucleotide (BLASTn) to identify corresponding organisms from National center for bioinformatics information.

**Table 2:** Sequence identity of various moulds

S. No	Sequence ID	Percentage (%)	NCBI Match	Isolates
1	NR111041.1	99	<i>Aspergillus flavus</i> NR135325	<i>Aspergillus flavus</i>
2	NR138279.1	97	<i>Aspergillus brunneoviolaceus</i> NR138279	<i>Aspergillus brunneoviolaceus</i>
3	AY373852.1	91	<i>Aspergillus niger</i> AY373852	<i>Aspergillus niger</i>
4	NR138306.1	99	<i>Penicillium chrysogenum</i> MH793845	<i>Penicillium chrysogenum</i>
5	AF004929.1	100	<i>Aspergillus tamari</i> MN339986	<i>Aspergillus tamarii</i>



**Fig 1:** The Phylogenetic tree constructed using the geneious software version 4.0 [12]

**Table 3:** Frequency and percentage occurrence of mycotoxigenic moulds

Moulds	Rice		Maize		Wheat		Groundnut.		Total Frequency	Total Percentage
	Frequency	Percentage	Frequency	Percentage	Frequency	Percentage	Frequency	Percentage		
<i>A. flavus</i>	11	34%	50	60%	8	27%	30	32%	99	42%
<i>A. tamarii</i>	7	22%	20	24%	1	3%	25	28%	53	22%
<i>A. niger</i>	3	9%	8	10%	18	60%	23	25%	52	21%
<i>A. brunneoviolaceus</i>	5	16%	3	3%	1	3%	2	2%	11	5%
<i>P. chrysogenum</i>	6	19%	3	3%	2	7%	12	13%	23	10%
	32	100%	84	100%	30	100%	92	100%	238	100%
	14%		35%		12%		39%			

The grains and legumes (rice, maize, wheat and Groundnut) analyzed had different types of moulds as shown in (Table 2). The identified moulds were *Aspergillus flavus*, *Aspergillus tamarii*, *Aspergillus niger*, *Aspergillus brunneoviolaceus*, and *Penicillium chrysogenum*. These results were similar to the work of [14]. The most frequent genus isolated was *Aspergillus* with four different species namely *Aspergillus flavus*, *Aspergillus tamarii*, *Aspergillus niger*, *Aspergillus brunneoviolaceus*. Result in Table 3 showed that the predominant mould species were in the order *Aspergillus flavus* (42%), *Aspergillus tamarii* (22%), *Aspergillus niger* (21%), and *Penicillium chrysogenum* (10%) while the least was (5%) *Aspergillus brunneoviolaceus*. *Aspergillus flavus* produce Aflatoxins and *Aspergillus* produce Ochratoxin A and their presence in stored grains and legumes can be detrimental to human health [15].

Table 3 result also showed that the frequency and percentage occurrence of moulds from different grains and legumes, with *A. flavus* (60%) from maize and *A. niger* from wheat (60%) predominating. This finding was similar to those reported by [16]. The occurrence of *Aspergillus flavus* is seen as being public health important because they are believed to produce aflatoxins which are among the most dangerous carcinogens to human [17]. The moulds with the highest frequency of occurrence were *Aspergillus flavus*, *Aspergillus tamarii*, *Aspergillus niger*, *Aspergillus brunneoviolaceus*, and *Penicillium chrysogenum*.

*Aspergillus* species have great affinity for cereals were also reported by [18]. It is likely that post-harvest infections and the storage structures greatly influence the mycoflora in storage [19]. The two genera *Aspergillus* and *Penicillium* encountered are storage fungi while *Fusarium* is a field fungus [20]. The variations in the frequency and percentage occurrence in the stored grains and legumes can be as a result of their high moisture contents.

Fig 1 shows the phylogenetic tree, showing relationship among various species of moulds isolated.

**Table 4:** Concentrations of mycotoxins in rice (µg/kg)

Mycotoxins	Concentration (µg/kg) Mean/Standard Deviation
AFLATOXIN B <sub>1</sub>	97.4 ± 2.500
AFLATOXIN B <sub>2</sub>	96.3 ± 0.100
AFLATOXIN G <sub>1</sub>	97.5 ± 1.500
AFLATOXIN G <sub>2</sub>	94.2 ± 1.627
OCHRATOXIN A	100.5 ± 3.500
CITRININ	80 ± 1.700
DIHYDROCITRINONE	100.1 ± 2.510
FUMONISIN B <sub>1</sub>	85 ± 5.507
FUMONISIN B <sub>2</sub>	85 ± 1.1554
FUMONISIN B <sub>3</sub>	85 ± 2.081
FUMONISIN B <sub>4</sub>	85 ± 3.214
ZEARALENONE	99.2 ± 2.900
DEOXYNIVALENOL	80 ± 1.154
NIVALENOL	101.1 ± 2.066

**Table 5:** Concentrations of mycotoxins in wheat ( $\mu\text{g}/\text{kg}$ )

Mycotoxins	Concentration ( $\mu\text{g}/\text{kg}$ ) Mean/Standard Deviation
AFLATOXIN B <sub>1</sub>	84.3 $\pm$ 2.100
AFLATOXIN B <sub>2</sub>	86.1 $\pm$ 1.473
AFLATOXIN G <sub>1</sub>	79.5 $\pm$ 2.500
AFLATOXIN G <sub>2</sub>	80.5 $\pm$ 0.763
OCHRATOXIN A	96.9 $\pm$ 1.300
CITRININ	43.9 $\pm$ 0.550
DIHYDROCITRINONE	115.5 $\pm$ 0.435
FUMONISIN B <sub>1</sub>	85 $\pm$ 5.507
FUMONISIN B <sub>2</sub>	85 $\pm$ 2.309
FUMONISIN B <sub>3</sub>	85 $\pm$ 3.214
FUMONISIN B <sub>4</sub>	85 $\pm$ 1.154
ZEARALENONE	100.1 $\pm$ 0.950
DEOXYNIVALENOL	80 $\pm$ 0.577
NIVALENOL	60 $\pm$ 2.00

**Table 6:** Concentrations of mycotoxins in groundnuts ( $\mu\text{g}/\text{kg}$ )

Mycotoxins	Concentration ( $\mu\text{g}/\text{kg}$ ) Mean/Standard Deviation
AFLATOXIN B <sub>1</sub>	81.5 $\pm$ 0.763
AFLATOXIN B <sub>2</sub>	69 $\pm$ 2.000
AFLATOXIN G <sub>1</sub>	65.3 $\pm$ 2.04
AFLATOXIN G <sub>2</sub>	62.2 $\pm$ 1.101
OCHRATOXIN A	86.6 $\pm$ 1.026
CITRININ	98.8 $\pm$ 3.002
DIHYDROCITRINONE	97.1 $\pm$ 2.510
FUMONISIN B <sub>1</sub>	85 $\pm$ 3.214
FUMONISIN B <sub>2</sub>	85 $\pm$ 1.154
FUMONISIN B <sub>3</sub>	85 $\pm$ 2.516
FUMONISIN B <sub>4</sub>	85 $\pm$ 1.527
ZEARALENONE	74.2 $\pm$ 0.642
DEOXYNIVALENOL	80 $\pm$ 0.577
NIVALENOL	88.2 $\pm$ 1.509

**Table 7:** Concentrations of mycotoxins in maize ( $\mu\text{g}/\text{kg}$ )

Mycotoxins	Concentration ( $\mu\text{g}/\text{kg}$ ) Mean/Standard Deviation
AFLATOXIN B <sub>1</sub>	58.2 $\pm$ 1.509
AFLATOXIN B <sub>2</sub>	60.8 $\pm$ 1.750
AFLATOXIN G <sub>1</sub>	84.7 $\pm$ 1.750
AFLATOXIN G <sub>2</sub>	67.8 $\pm$ 1.400
OCHRATOXIN A	87.8 $\pm$ 2.052
CITRININ	27.1 $\pm$ 2.050
DIHYDROCITRINONE	147.3 $\pm$ 4.000
FUMONISIN B <sub>1</sub>	85 $\pm$ 2.081
FUMONISIN B <sub>2</sub>	85 $\pm$ 1.527
FUMONISIN B <sub>3</sub>	85 $\pm$ 2.081
FUMONISIN B <sub>4</sub>	85 $\pm$ 1.527
ZEARALENONE	85 $\pm$ 2.081
DEOXYNIVALENOL	80 $\pm$ 2.309
NIVALENOL	72.9 $\pm$ 2.066

**Table 8:** Concentrations of mycotoxins from stored grains and legumes ( $\mu\text{g}/\text{kg}$ )

Grains	Concentration of Mycotoxins ( $\mu\text{g}/\text{kg}$ ) Mean/Standard Deviation
RICE	1286.3 $\pm$ 29.689
WHEAT	1166.8 $\pm$ 0.901
GROUNDNUTS	1142.9 $\pm$ 10.488
MAIZE	1111.6 $\pm$ 9.810

**Table 9:** Quantifications of mycotoxins in  $\mu\text{g}/\text{kg}$ 

Mycotoxins	Concentration ( $\mu\text{g}/\text{kg}$ ) Mean/Standard Deviation
FUMONISINS	1350 $\pm$ 10.000
AFLATOXINS	1265.3 $\pm$ 1.327
CITRININ (DIHYDROCITRINONE)	709.8 $\pm$ 1.039
NIVALENOL (DEOXYNIVALENOL)	642.2 $\pm$ 1.900
OCHRATOXIN A	371.8 $\pm$ 1.616
ZEARALENONE	358.5 $\pm$ 2.500

This study showed that Aflatoxin B<sub>1</sub>, Aflatoxin B<sub>2</sub>, Aflatoxin G<sub>1</sub>, Aflatoxin G<sub>2</sub>, Ochratoxin A, Citrinin, Dihydrocitrinone, Fumonisin B<sub>1</sub>, Fumonisin B<sub>2</sub>, Fumonisin B<sub>3</sub>, Fumonisin B<sub>4</sub>, Zearalenone, Deoxynivalenol and Nivalenol were detected from the stored grains and legumes. It was observed that Aflatoxin was the most frequent occurring mycotoxins detected from 160 samples analysed. Rice (1286.3  $\pm$  29.689  $\mu\text{g}/\text{kg}$ ) contained the largest amount of the mycotoxins, followed by wheat (1166.8  $\pm$  0.901  $\mu\text{g}/\text{kg}$ ), then groundnuts (1142.9  $\pm$  10.488  $\mu\text{g}/\text{kg}$ ) while maize (1111.6  $\pm$  9.810  $\mu\text{g}/\text{kg}$ ) had the least concentration of mycotoxins.

The four stored grains and legumes exceeded the maximum permissible limit for Aflatoxin B<sub>1</sub>, Aflatoxin B<sub>2</sub>, Aflatoxin G<sub>1</sub>, Aflatoxin G<sub>2</sub> (0-40  $\mu\text{g}/\text{kg}$  in food), Ochratoxin A (0-50  $\mu\text{g}/\text{kg}$  in food), Citrinin and Dihydrocitrinone (0-100  $\mu\text{g}/\text{kg}$  in foods), but did not exceed the limits for Fumonisin B<sub>1</sub>, Fumonisin B<sub>2</sub>, Fumonisin B<sub>3</sub>, Fumonisin B<sub>4</sub> (0-1000  $\mu\text{g}/\text{kg}$  in food), Zearalenone (0-1000  $\mu\text{g}/\text{kg}$  in food) and Deoxynivalenol and Nivalenol (500-2000  $\mu\text{g}/\text{kg}$  in food)<sup>[21]</sup>. The results showed that the predominant mycotoxin was Aflatoxin, which was seen relatively on all grain samples of rice, maize, wheat and groundnut. This agreed with the Research done over the years by<sup>[22]</sup>. Rice had the highest levels of aflatoxin, fumonisins and ochratoxin A<sup>[23]</sup>.

Aflatoxin contamination is mainly reported in maize, peanuts and their products; fumonisin contamination in maize and maize products<sup>[24]</sup>. From the work of<sup>[3]</sup>, showed that aflatoxins in groundnuts and groundnut-based products exceeded the United States of America and Nigeria Minimum permissible limit. According to<sup>[25]</sup> various mycotoxins like aflatoxins (AFs), fumonisins (FBs), ochratoxin A (OTA), citrinin (CIT), trichothecenes (deoxynivalenol (DON) and nivalenol (NIV)) and zearalenone (ZEN) were found in cereal, legume and their products in Nigeria. They used LC-MS/MS Liquid chromatography–tandem mass spectrometry method to analyze for the presence of mycotoxins. This agreed with this research work that cereals contain the above mentioned



mycotoxins when analyzed with the LC-MS/MS Liquid chromatography–tandem mass spectrometry method<sup>[13]</sup>.

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### Conclusion

The stored grains and legumes were mainly contaminated with *Aspergillus* species. Mycotoxins of public health importance were detected and some were above the permissible acceptable limit and has directly been linked to carcinogenic and neurological effects to human health. Therefore, the need for proper harvest and storage of grains and legumes cannot be overemphasized.

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